





## Ukwipika

### Cooking

 Clare Verbeek, Them bani Dladla, Zanele Buthelezi

 Kathy Arbuckle, Ingrid Schechter

 Joseph Mwansa

 1

 IciBemba bem / English en



Mpala imfyumbu.

...

I peel the potatoes.



Mputaula kabeci.

...

I chop a cabbage.



Nsesa kalota.

...

I grate the carrots.



Nsamba cilemba.

...

I wash the beans.



Mputula utupushi.

...

I cut the butternut.



Mputula bashipinaci.

...

I chop the spinach.



Bamaayo baputula onyoni.

...

My mom chops the onions.





Onyono ilenga ukuti nalila nga  
ileeputulwa.

...

Onions make me cry when they are  
chopped.




# Global Storybooks

[globalstorybooks.net](http://globalstorybooks.net)

## Ukwipika

### Cooking

 Clare Verbeek, Thembani Dladla, Zanele Buthelezi

 Kathy Arbuckle, Ingrid Schechter

 Joseph Mwansa (bem)

