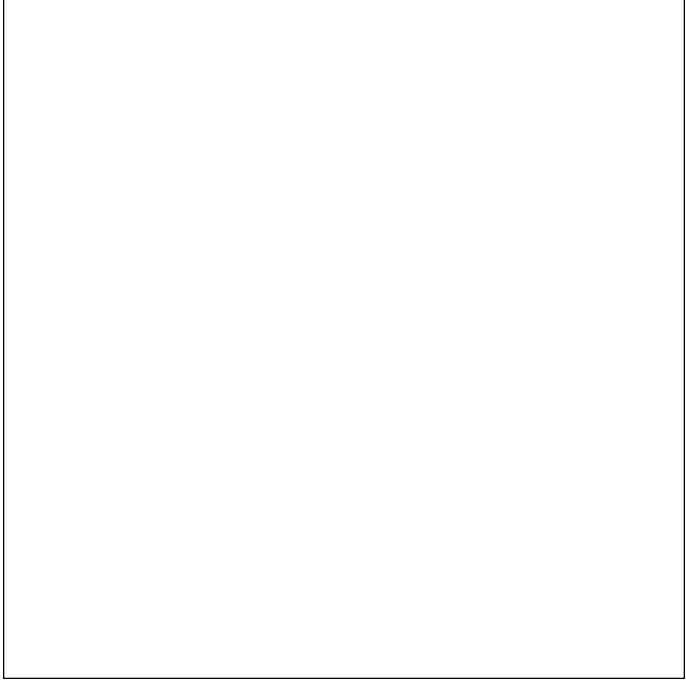


آشپزی

Cooking



✎ Clare Verbeek, Themban! Dladla, Zanele

Buthelezi!

✎ Kathy Arbuckle, Ingrid Schechter

✎ Abdul Rahim Ahmad Parwani (Darakht-

Danesh Library)

1

🗨️ / English / العربية



**Global Storybooks**

[globalstorybooks.net](http://globalstorybooks.net)

آشپزی / Cooking

✎ Clare Verbeek, Themban! Dladla, Zanele

Buthelezi!

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✎ Abdul Rahim Ahmad Parwani (Darakht-

e Danesh Library) (prs)



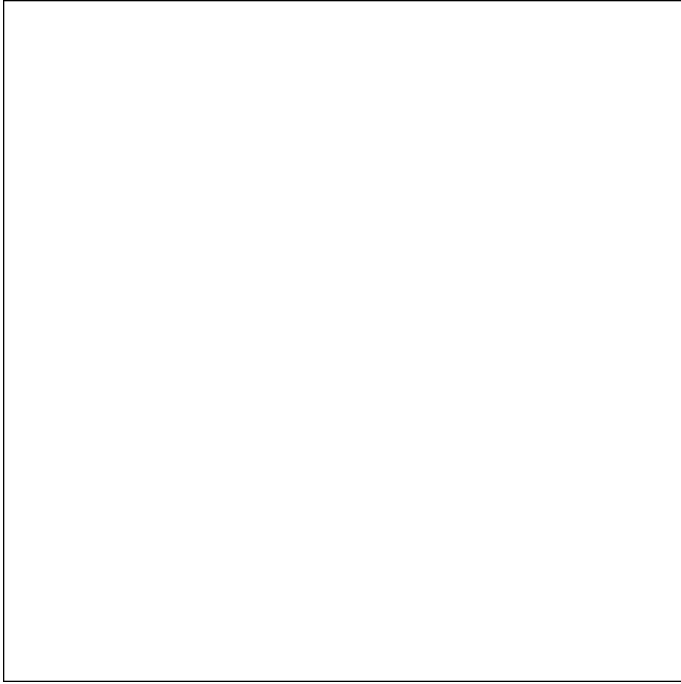
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مَن كچالوھا را پوست گندم.

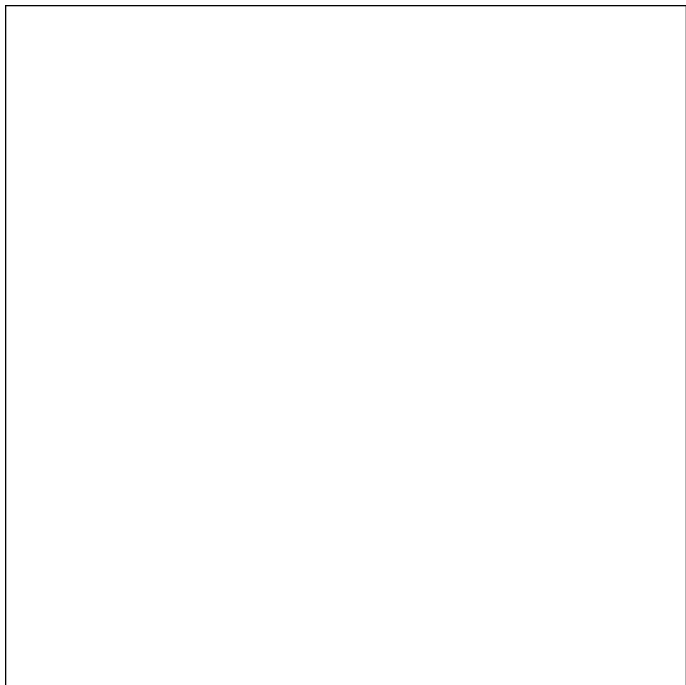
...

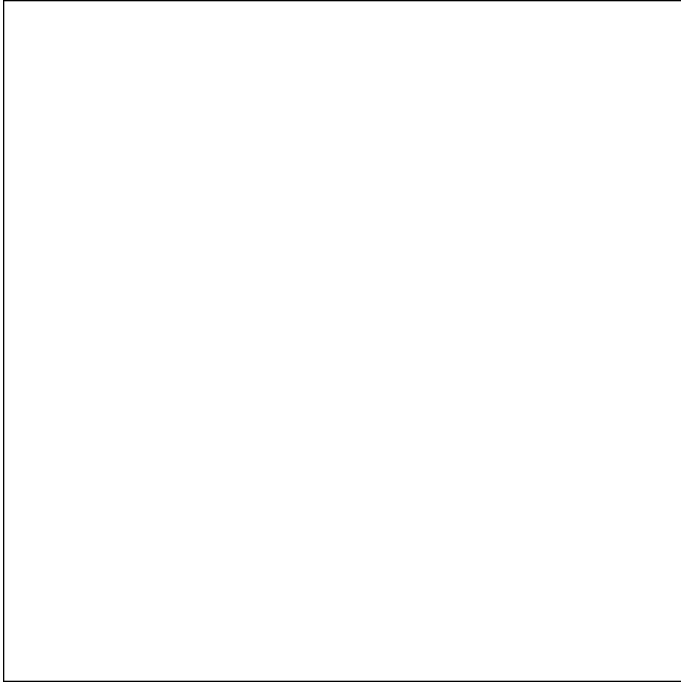
I peel the potatoes.

I chop a cabbage.

...

گرم را ریزه ریزه تویته کردم.

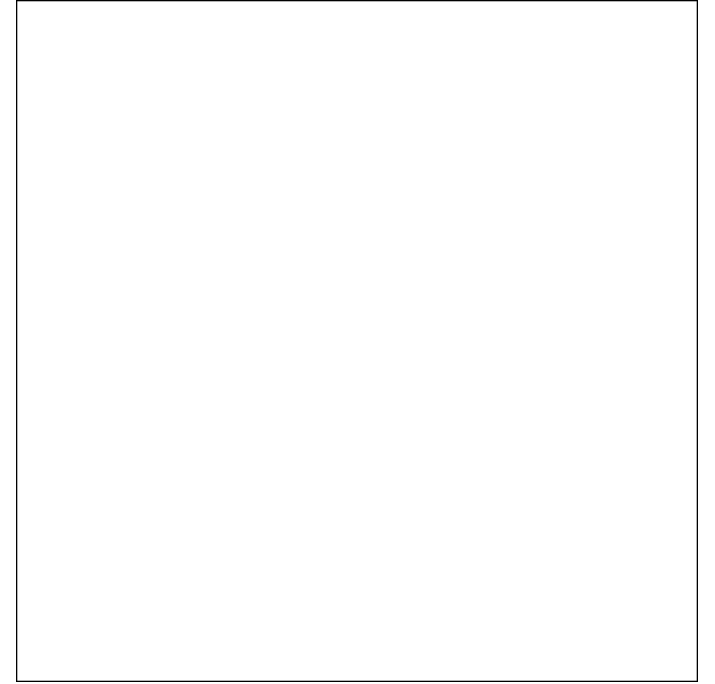




زردکها را رنده کردم.

...

I grate the carrots.



وقتی پیازها را توتہ می‌کنم، اشک

مَن بیرون می‌شود.

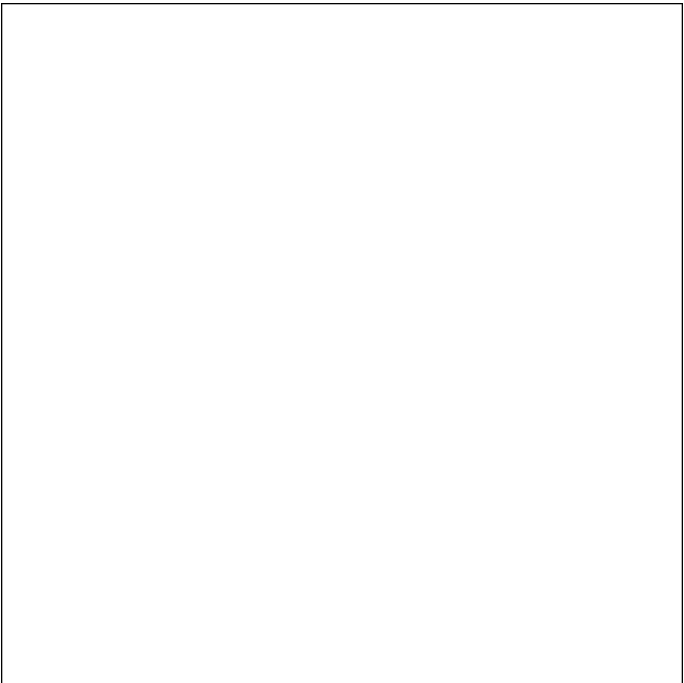
...

Onions make me cry when  
they are chopped.

I wash the beans.

...

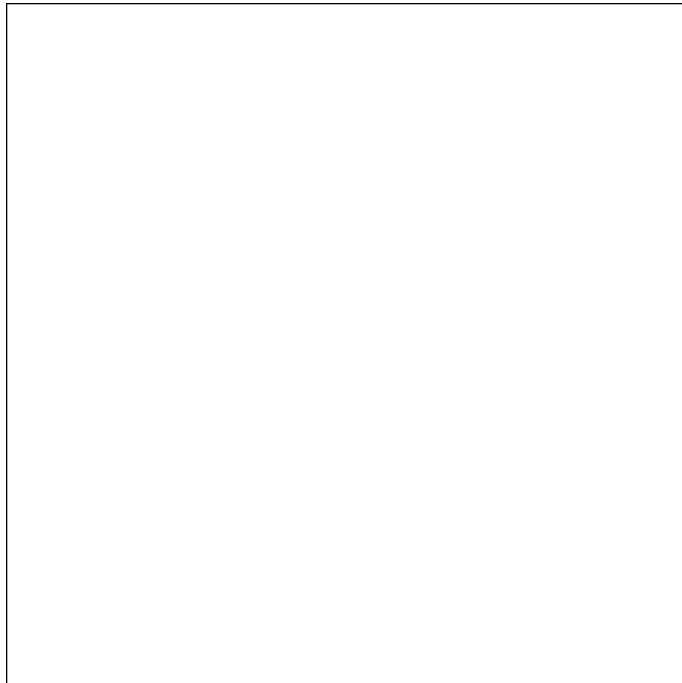
لوبیاها را بشویم.

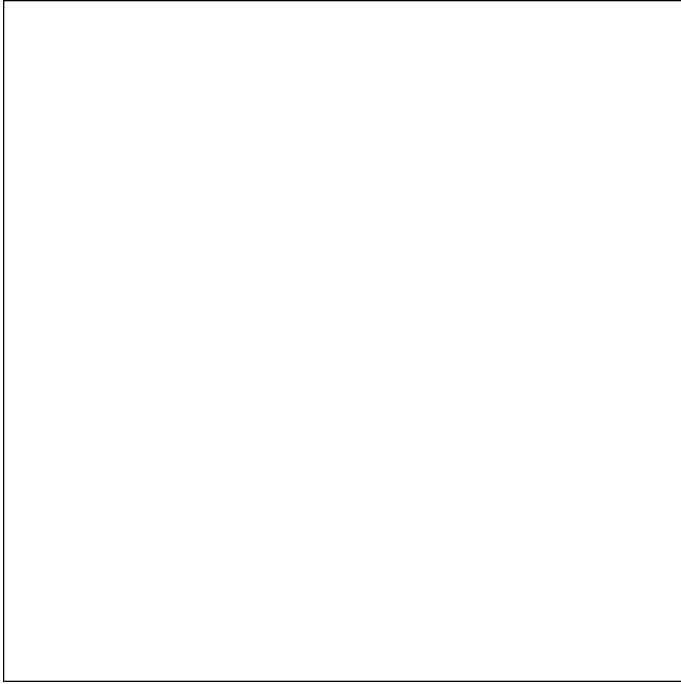


My mom chops the onions.

...

مادر من پیازها را ریزه ریزه می‌کند.

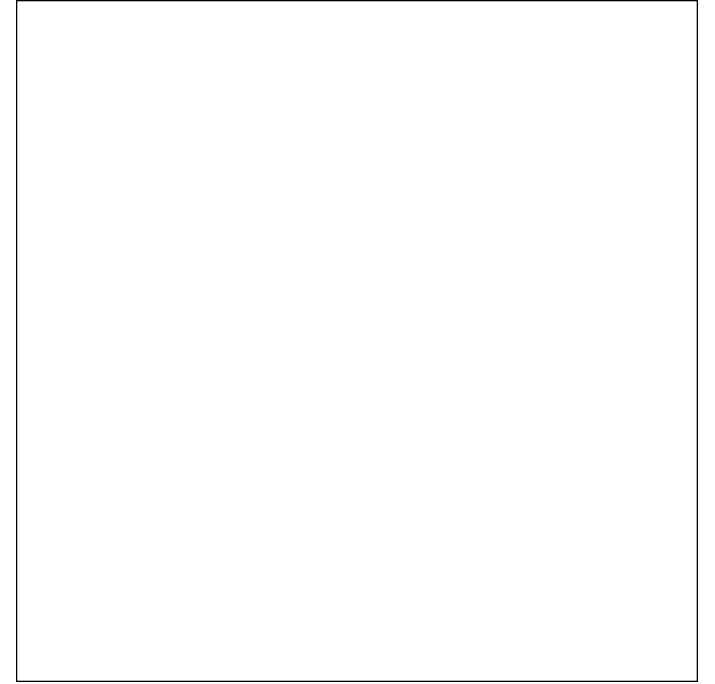




گدوہا را بُرش کردم.

...

I cut the butternut.



پالکھا را ریزه ریزه توتہ کردم.

...

I chop the spinach.