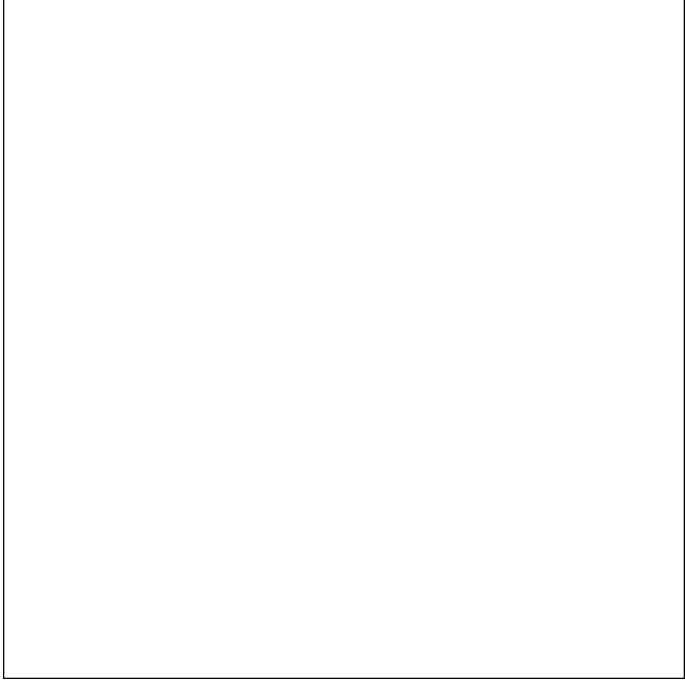


آشپزی

Cooking



✎ Clare Verbeek, Thembani Dladla, Zanele

Buthelezi!

✉ Kathy Arbuckle, Ingrid Schechter

✉ Marzieh Mohammadian Haghghi!

1

فارسی / English / en



**Global Storybooks**

[globalstorybooks.net](http://globalstorybooks.net)

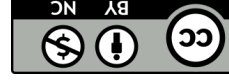
آشپزی / **Cooking**

✎ Clare Verbeek, Thembani Dladla, Zanele

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مَن سيب زمينى هلا را پوست گندَم.

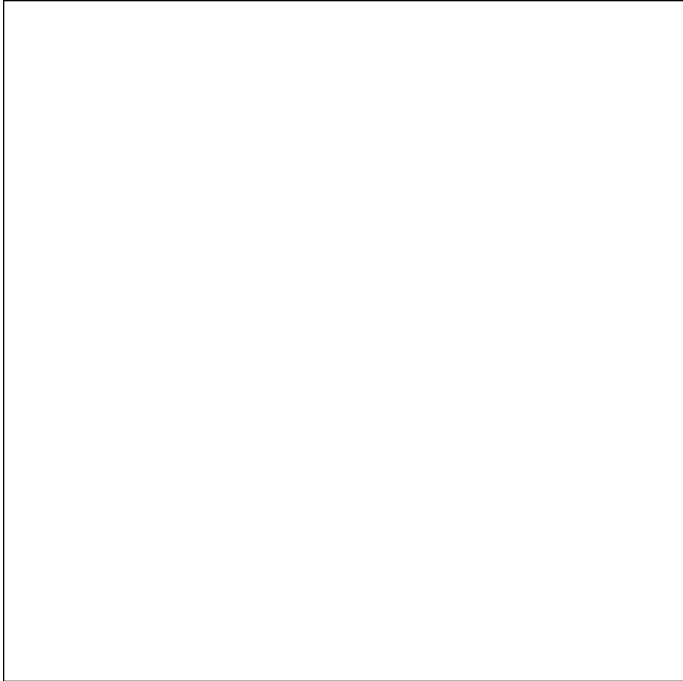
...

I peel the potatoes.

I chop a cabbage.

...

کلم را ریز ریز چوب کرده.





هَويجِ هَا رَا رَندهِ گَرَدَم.

...

I grate the carrots.



پيازها أَشكِ مَن رَا دَر مِي وَرَندهِ وَقتِي

كِه خُرد مِي شَوَند.

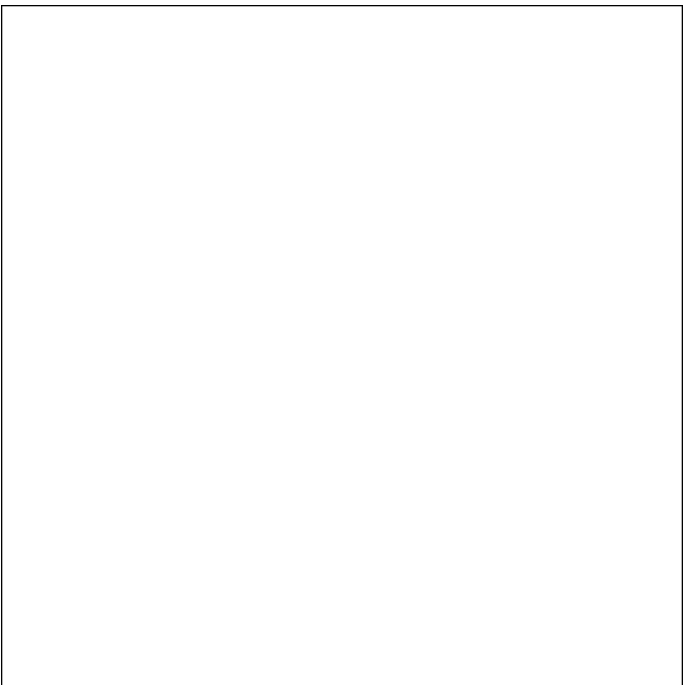
...

Onions make me cry when they are chopped.

I wash the beans.

...

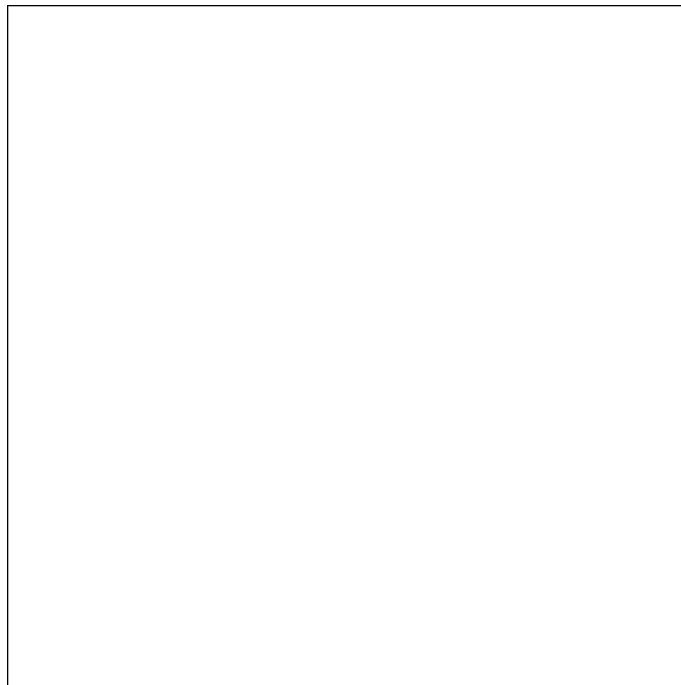
لوبیا ها را بشوید.



My mom chops the onions.

...

مادر من پیازها را ریز ریز کرد.

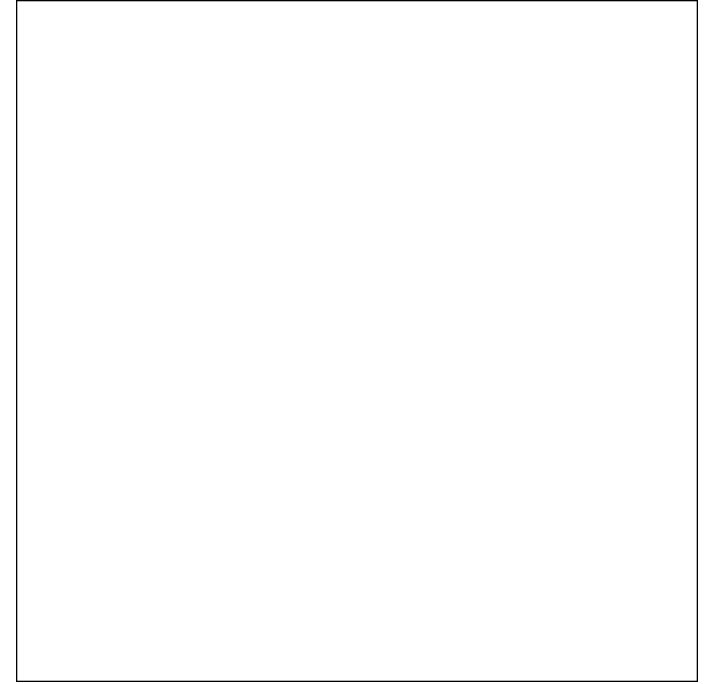




گدو حَلَوایی هلا را بُرِش زَدَم.

...

I cut the butternut.



إسْفِنَاج هلا را ریز ریز گَرَدَم.

...

I chop the spinach.