

Ukwicka
Cooking



Global Storybooks

globalstorybooks.net

Ukwicka / Cooking

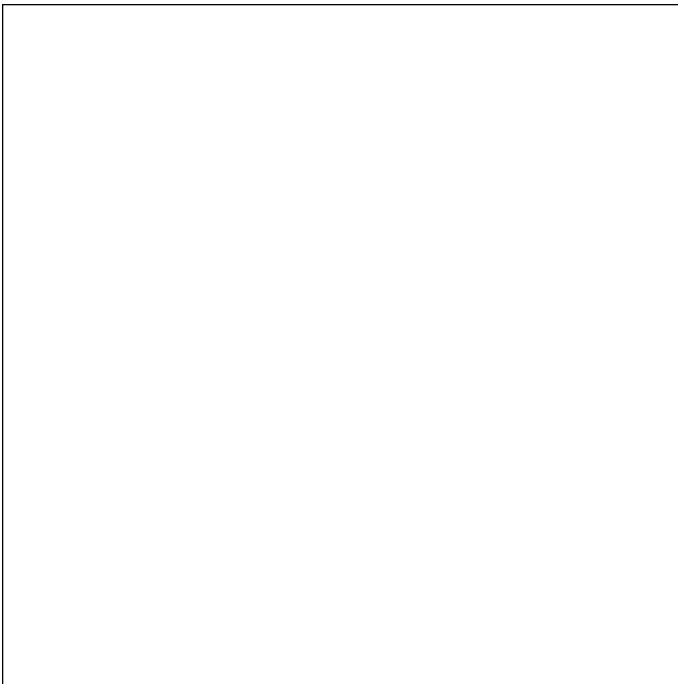
- ☞ Clare Verbeek, Thembaani Dladla, Zanelle Buthelezi
- ☞ Kathy Arbucke, Ingrid Schechter
- ☞ Joseph Mwansa (bem)



This work is licensed under a Creative Commons
Attribution-NonCommercial 3.0 International

<https://creativecommons.org/licenses/by-nc/3.0/>
License.

- ☞ IciBemba bem / English en
- ☞ IciBemba bem
- ☞ Joseph Mwansa
- ☞ Kathy Arbucke, Ingrid Schechter
- ☞ Buthelezi
- ☞ Clare Verbeek, Thembaani Dladla, Zanelle





Mpala imfyumbu.

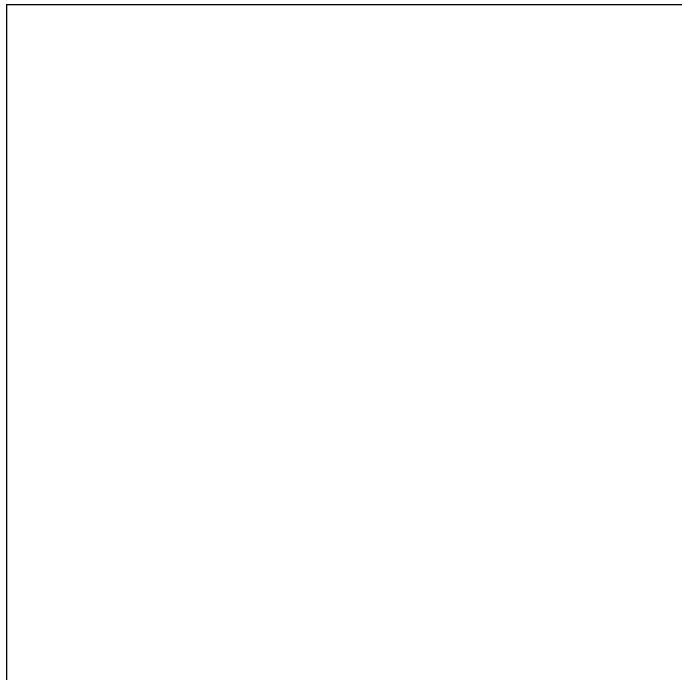
...

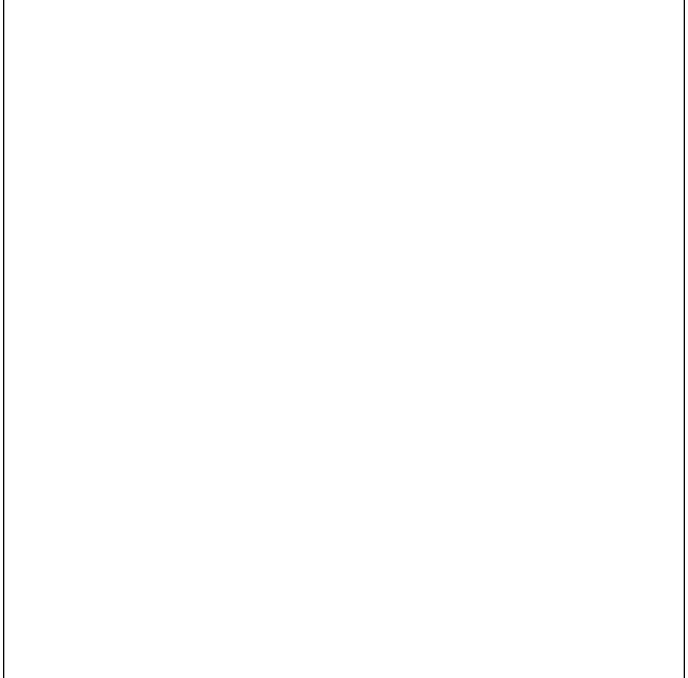
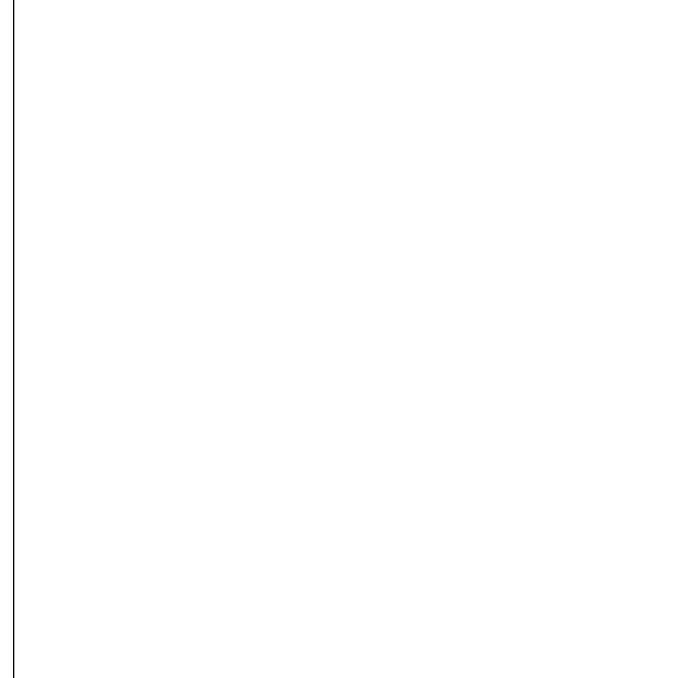
I peel the potatoes.

I chop a cabbage.

...

Mputaula kabeci.





Nsesa kalota.

...

I grate the carrots.

Onyono ilenga ukuti nalila
nga ileeputulwa.

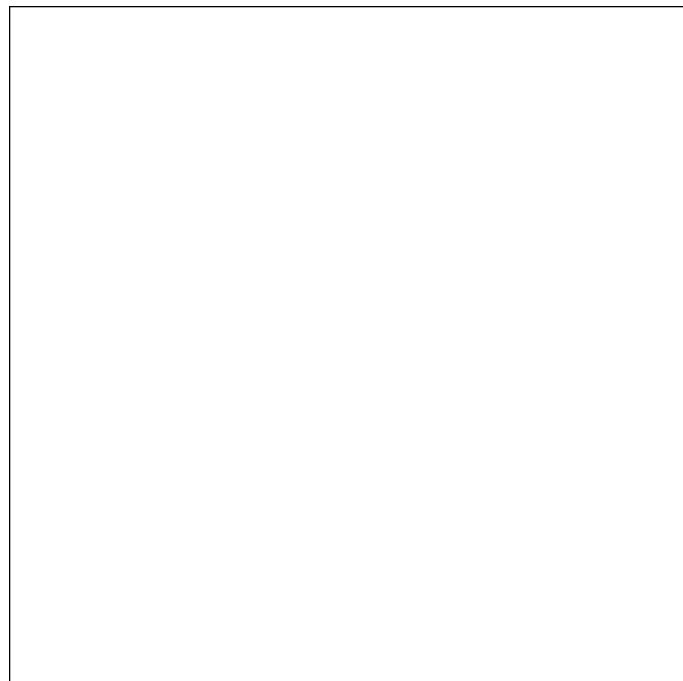
...

Onions make me cry when
they are chopped.

My mom chops the onions.

...

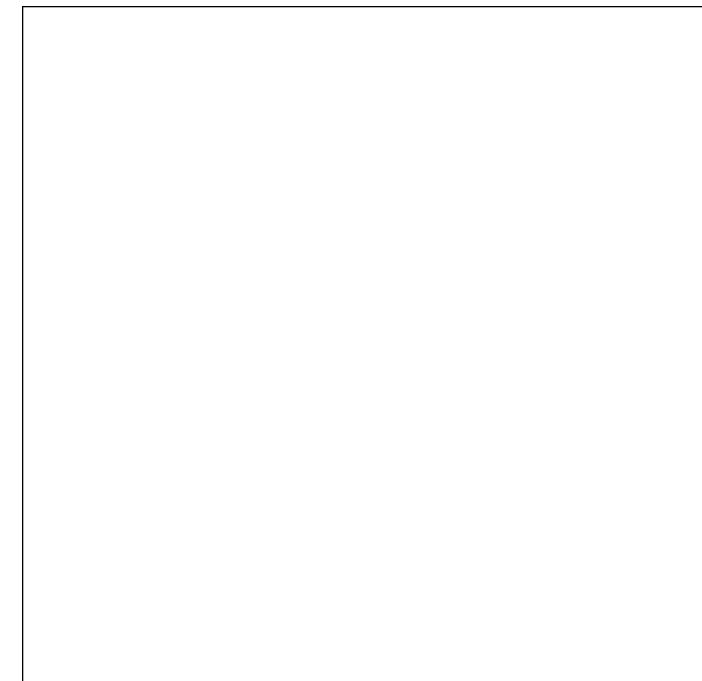
Bamayo baputula onyoni.

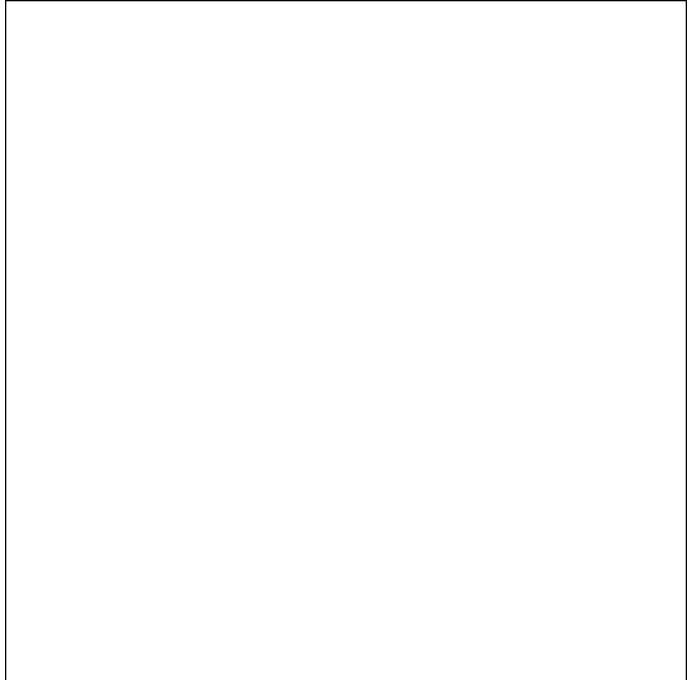
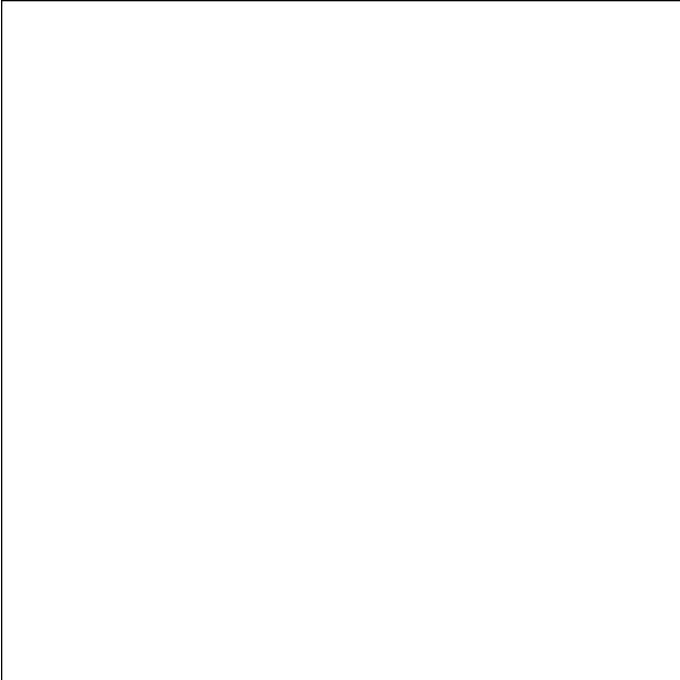


I wash the beans.

...

Nasamba cilomba.





Mputula utupushi.

...

I cut the butternut.

Mputula bashipinaci.

...

I chop the spinach.