

Ukupheka

Cooking



- ✎ Clare Verbeek, Thembani Dladla, Zanele Buthelezi
- ⌚ Kathy Arbuckle, Ingrid Schechter
- 💻 Clare Verbeek, Thembani Dladla and
- |||| 1
- 💬 isiZulu [zu](#) / English [en](#)

Ngicwecwa amazambane.

...

I peel the potatoes.



Ngiqoba iklabishi.

...

I chop a cabbage.



Ngigretha iziqathi.

...

I grate the carrots.



Ngigeza ubhontshisi.

...

I wash the beans.





Ngiqoba ithanga.

...

I cut the butternut.

Ngiqoba imifino.

...

I chop the spinach.



Umama wami uqoba uanyanisi.

...

My mom chops the onions.





Uanyanisi ungenza ngikhale uma
uqotshwa.

...

Onions make me cry when they are
chopped.



Global Storybooks

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