



# Global Storybooks

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Ukupheka / Cooking

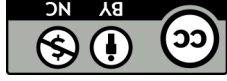
✎ Clare Verbeek, Themban! Dladla, Zanele

Buthelezi!

✉ Kathy Arbuckle, Ingrid Schechter

✉ Clare Verbeek, Themban! Dladla and

(zu)



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Ukupheka

Cooking



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Ukupheka

Cooking



Ngicwecwa amazambane.

...

I peel the potatoes.

Ngigoba iklabishi.  
...  
I chop a cabbage.





Ngigretha iziqathi.

...

I grate the carrots.



Uanyanisi ungenza  
ngikhale uma uqotshwa.

...

Onions make me cry when  
they are chopped.

Nyigeza ubhontshisi.  
...  
I wash the beans.



Umama wami uqoba  
uanyanisi.  
...  
My mom chops the onions.





Ngqiqoba ithanga.

...

I cut the butternut.



Ngqiqoba imifino.

...

I chop the spinach.