

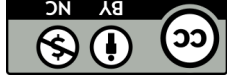


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Te'in / Cooking

✎ Clare Verbeek, Themban! Dladla, Zanele Buthelezi
✎ Kathy Arbuckle, Ingrid Schechter
✎ Vitalina dos Santos (tet)



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Te'in

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🗨️ Tetun / English / en



Ha'u loke fehuk-ropa nia
kulit.

...

I peel the potatoes.

I chop a cabbage.

...

Ha'u ko'a repollu.





Ha'u koi senoura sira.

...

I grate the carrots.



Liis halo ha'u tanis bainhira
ha'u tetak sira.

...

Onions make me cry when
they are chopped.

My mom chops the onions.

...

Ha'u nia mama ko'a liis.



I wash the beans.

...

Ha'u fase koto sira.





Ha'u ko'a lakeru.

...

I cut the butternut.



Ha'u ko'a bayaun

...

I chop the spinach.