

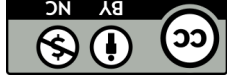


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Kupika / Cooking

✎ Clare Verbeek, Themban! Dladla, Zanele Buthelezi
✉ Kathy Arbuckle, Ingrid Schechter
📧 Matteo E. Mwita (sw)



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Kupika Cooking



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🗣️ Kiswahili / English en sw



Ninamenya viazi.

...

I peel the potatoes.

Ninakatakata kabichi.
...
I chop a cabbage.





Ninasaga karoti.

...

I grate the carrots.



Vitunguu hunifanya nilie
vikiwa vinakatwakatwa.

...

Onions make me cry when
they are chopped.



Ninaosha maharagwe.

...

I wash the beans.



Mama yangu anakatakata

vitunguu.

...

My mom chops the onions.



Ninakata maboga.

...

I cut the butternut.



Ninakatakata sukuma-wiki.

...

I chop the spinach.